

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lize-Mari Opperman

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:23:02

PACE 06:19/km

OVERALL 162 of 438

GENDER 22 of 135

40+ 6 of 50

26 October 2019, Sat

Date

